



Back On Monday

Choreographer: Alison Metelnick & Peter Metelnick (UK)

Type of dance: 32 Count, 4 Walls, Line Dance
 Level: Starter
 Music: „Back in Love By Monday“ by Ray Lynam
 Intro: 32 counts from the first beat in the music (approx. 11 seconds into track)

Counts	Footwork	End facing
1-8	Diagonal Lock Step, Diagonal Lock Step, Rock Step, 3/8 Turn R, Side, Cross, Side, Cross	
1&2	Step R diagonally forward (1), Lock L behind R (&), Step R diagonally forward (2)	1:30
3&4	Step L diagonally forward (3), Lock R behind L (&), Step L diagonally forward (4)	11:30
5&6	Rock R forward (5), Recover on L (&), 3/8 turn R stepping R to R side (6)	3:00
7&8	Cross L over R (7), Step R to R side (&), Cross L over R (8)	3:00
9-16	¼ Monterey Turn, ¼ Monterey turn, Mambo Step, ½ Shuffle Turn	
1&2&	Touch R to R side (1), ¼ turn R stepping L together (&), Touch L to L side (2), Step L together (&)	6:00
3&4&	Touch R to R side (3), ¼ turn R stepping L together (&), Touch L to L side (4), Step L together (&)	9:00
5&6	Rock R forward (5), Recover on L (&), Step R back (6)	9:00
7&8	½ turn L stepping L forward (7), Step R together (&), Step L forward (8)	3:00
17-24	Mambo Step, Step Fwd, Touch, Touch, Step Fwd, Mambo Step, Step Fwd, Touch, Touch, Step Fwd	
1&2&	Rock R to R side (1), Recover on L (&), Step R together (2), Step L forward (&)	3:00
3&4	Touch R heel forward (3), Touch R toes back (&), Step R forward	3:00
5&6&	Rock R to L side (5), Recover on R (&), Step L together (6), Step R forward (&)	3:00
7&8	Touch L heel forward (7), Touch L toes back (&), Step L forward (8)	3:00
25-32	Step Fwd, ½ Pivot Turn, Step Fwd, Run Fwd, Mambo Step, Coaster Cross	
1&2	Step R forward (1), ½ Pivot Turn L (&), Step R forward (2)	9:00
3&4	Step L forward (3), Step R forward (&), Step L forward (4) Option: Step L forward (3) ½ Turn L stepping R together (&), ½ Turn L stepping L forward (4)	9:00
5&6	Rock R forward (5), Recover on L (&), Step R back (6)	9:00
7&8	Step L back (7), Step R together (&), Cross L over R (8) Option: ½ Turn L stepping L forward (7) ½ Turn L stepping R together (&), Cross L over R (8)	9:00