

Stonožka ponožka

Luboš Říha

Type : 24 Count, 1 Wall
Level : MINI A
Music : "Stonožka Ponožka" by Štístko a Poupěnka

Follow the arm positions from video.
Wearing socks on one's hands is required, but colour, size and additional decorating is optional.

Následujte pozice rukou dle videa.
Ponožky na obou rukou jsou povinné ale barva, velikost a další úpravy jsou volitelné.

STEP RIGHT, TOUCH, STEP LEFT,
TOUCH, WALK 3X, HEEL

1 RF Step R (Look to the R)
2 LF Touch together (Look forward)
3 LF Step L (Look to the L)
4 RF Touch together (Look forward)
5 RF Step forward
6 LF Step forward
7 RF Step forward
8 LF Heel diagonally L forward

WALK 3X, HEEL 3X

9 LF Step backwards
10 RF Step backwards
11 LF Step backwards
12 RF Heel diagonally R forward
13 RF Step together
14 LF Heel diagonally L forward
15 LF Step together
16 RF Step diagonally R forward

CHASSE 4X

17 RF Step R
& LF Step together
18 RF Step R
& LF Step together
19 RF Step R
& LF Step together
20 RF Step R
21 LF Step L
& RF Step together
22 LF Step L
& RF Step together
23 LF Step L
& RF Step together
24 LF Step L